## UPES 'Run For Tomorrow' Marathon promotes Road Safety, Drug Awareness

## By OUR STAFF REPORTER DEHRADUN, 24 Sep: UPES organised a 5-kilometre marathon to promote road safety and raise awareness about drug abuse. The marathon witnessed the participation of over 500 students and 100 employees, including deans and professors.

The top runners were honoured with medals, cash prizes and certificates. The winner received Rs 10,000, the runner-up, Rs 7,500, and the second runner-up, Rs 5,000.

The "Run for Tomorrow" marathon showcased exceptional talent and





determination among its participants. Himanshu Kumar, Aanchal Tailwal, Saurabh Bisht and Manju Pant clinched the gold medals, Arvan, Daxita Mann, Sameer Kumar, and Shweta Panwar won the silver medals. and Swasthik, Khushi Chhetri, Rahul Kumar and Poonam took home the bronze medals. The winners were recognised across various categories, including male and female students, as well as male and female faculty and staff.

Speaking on the occasion, Dr Ram Sharma, Vice Chancellor, UPES, said, "At UPES, our belief centres on cultivating a holistic environment for our students and creating a fulfilling workplace for our faculty and staff. This marathon stands as a testament to our commitment to physical and mental well-being. We are delighted by the enthusiastic response from our community. and we are determined to host more such events in the

future."

Recently, UPES' CSR arm in collaboration with UPES School of Health Sciences also conducted a series of community-level sessions on informed dietary choices. As part of this initiative, nutrition kits were distributed to pregnant and lactating mothers in nearby Aanganwadis. These kits included essential supplements and educational materials to support maternal and infant care.